



SEA TO SKY

Outdoor School for Sustainability Education Inc.
Sunshine Coast, British Columbia, Canada

HEAT ROOM PACKING PROTOCOL

for Sea To Sky Programs at Camp Elphinstone

In the Fall of 2011, Camp Elphinstone implemented a new procedure for luggage arriving on site. With the wide spread issue of bed bugs in the Lower Mainland, the camp has constructed a heat treatment room that will ensure the prevention of bed bugs in the cabins. All personal gear bags like back packs, duffel bags, etc. arriving on site will pass through a heat treatment process before our groups move luggage into their cabins. This treatment will heat sleeping bags, clothes, etc. to **60°C** or **140°F** (about the temperature of a clothes dryer).

So that the majority of personal luggage can be heated safely, we will need all participants **to ensure that certain items are not included in their main luggage but rather isolated and carried in their 'Go Gear'**. This day pack will remain with them on arrival day and contains lunch items (eg. juice box, etc.), water bottle, rain gear, toiletries, flashlight, etc. Their sleeping bag and extra clothes, etc in their main pack however will end up in a luggage van/trailer and be transported to the heat room at Outdoor School. **Participants will not have access to their large luggage until later in the afternoon of the first day** due to the time it takes for the heat room process to occur. Therefore, make sure you have everything you need in your Go Gear (day pack) for that first day at Outdoor School!

With this in mind, the following items **should NOT be heated**, and therefore carried in one's personal day pack which participants will have with them for the rest of the day.

- Toiletries: toothpaste, shampoo, toothbrush, soap, cosmetics, etc.
- Electronics (these should be left at home)
- Candles / wax
- Medications (all student medications should be handed over to the lead teacher prior to arrival at Outdoor School)
- Aerosols eg. bug spray repellent
- Cameras (these should be left at home)
- All food and beverages (eg. pop cans, juice boxes, lunch items, etc.)
- flashlights

Please note: ***plastic bags*** (eg. green garbage bags, 'ziplocs', etc.) and ***rubber boots*** are okay in the heat room.

Questions? Contact us at timturner@seatosky.bc.ca.